

Descrierea CIP a Bibliotecii Naționale a României

INDRA

Getting married to the wind... / Indra;

translated by Rodica Albu – București:

Editura Lila, 2018

ISBN 978-606-94297-9-2

I. Albu, Rodica (trad.)

159.9

Copyright © EDITURA LiLA, 2018

Orice reproducere totală sau parțială a acestei lucrări,
fără acordul scris al editorului, este strict interzisă
și se pedepsește conform Legii dreptului de autor.

EDITURA LiLA
www.lila-spirit.ro
asociația.lila@gmail.com
editura.lila@gmail.com
Tel.: 0737 160 611

INDRA

Getting married to the wind...

Translated by:
RODICA ALBU



Editura LiLA
București, 2018

Table of Contents

<i>Introduction: Why a book?</i>	9
Dialogues with a Spirit.....	11
...about emotions, fear, identification and suffering	17
...about ego, mind and non-mind	41
...about relationships, love, longing and forgetfulness	79
...experiencing Vipassana	107
...about karma, waves, laws and harmony ...	123
...getting married to the wind	157

can be opened from time to time, in times of doubt or sorrow or of desperate search for answers... and perhaps little by little things get impressed upon the reader's mind and thus courage comes up, and then courage rises... and change begins...

Yes, I admit, it is a radical book, which is meant to destroy egos and conditioned minds...

It is for those who do not want to go through compromises any longer, for those whose need of change has become painfully acute, for those who are ready to give up false security and self-complacency and are ready to go on their Great Adventure, as the Spirit calls it...

For those who have the courage to marry the wind...

INDRA

Dialogues with a Spirit

A Spirit descended on Earth and chose to incarnate himself /to take bodily form in order to help human beings.

The Spirit willingly accepted the human shape and its limitations: incomplete perceptions, pain and illness, uncertainty and fear; and thus, for a while, the Spirit led a human life just to get to know what human life was like.

How could he have shared his teachings if he had not understood the sufferings he meant to heal...

And the human beings would have said, "it's no doubt easy for you to speak from your world of freedom and understanding, but just try and come to this world of enchainment, ignorance and ego's struggles and prove that you can live here on earth according to those teachings of yours"...

And so the Spirit experienced suffering and love, attachment and pain, violence, arrogance, the pride of ascension, the desire to control and subdue, the elation of power...

The Spirit learned about the truth and about lying in the human world, about the duality of good and evil and the duality of the human mind, and experienced the extraordinary tension of the opposites,

of contrary energies, of infernal leaps from one extreme to the other...

The Spirit learned how to hurt on purpose and how to apologize. He eventually learned humiliation and humility, and the complete dissolution of the ego – that was his final lesson in a human body. He plunged into all those human states, tried to decode their secrets so that he could later talk to people about all that...

The Spirit had come from Eternity and he knew the Truth that he wanted to share with humans. That is why he learned their language and their thinking patterns, he learned to use argumentation and logical strategies – that is, to have a mind close to that of humans...

Yet human words are so limited... how can one express Eternity in words? How can one make the incomprehensible comprehensible? How can one open human minds and make them see? How can one open humans' hearts and make them love?

At times the Spirit was so sad, so lonely and discouraged... Oftentimes his work seemed to be in vain... He could hardly make himself heard, he could hardly make himself understood...

And he had no friends, although there were people who tried to make friends with him either because they were attracted by his unearthly energy or because they were fascinated by that boundlessness that they sensed in his being... But they eventually understood nothing and withdrew in confusion or they were scared by the abyss they discovered in that mysterious being and would finally flee away overwhelmed by their own frailness. Or they simply

took distance, ashamed, since the Spirit could read what was in their confused minds and hearts, full of compromises and of cowardice.

The Spirit had no one to take counsel with; it was his own quest that he had chosen to take upon himself and he had to complete it all by himself...

And then, from time to time, tired of this life that was not really his, he would fall back on non-mind, contemplation, Eternity, where there is no time, no past and no future, but only Energy and Consciousness... The Spirit rested in the mysteries of creation, in the infinite potentialities of Existence... He turned Eternity into his own power, which helped him to further accomplish his mission among humans...

And after that he returned to the world of humans, to the world of emotions, fears, attachments, trying to understand and trying to make others understand...

He sometimes needed enormous courage to leave his own world and to descend into the world of human minds, into the world of suffering... but, each time, he experienced the strange joy of experimenting, of venturing into the meanders of the human soul... And then he would plunge again into those fascinating experiences – of love, of pain, of longing – in an attempt at getting their deep significance, at having others descend into these abysses, enjoy them, explore them, comprehend them...

And so the spirit was forever torn between his eternal world and human ephemerality, between his non-mind and the human mind, between his

boundless consciousness and the sleeping consciousness of humans...

And whenever he descended into the world of human beings the Spirit had to appear like a human being...

However, people started conjecturing that he was not one of their own – this creature was too much out of the common run, too distant from the common human patterns...

Many were afraid of the Spirit's words, and even more so of the Unknown that they suspected was lying behind all his words; and it was easier for them to label him as "eccentric", "bizarre", "unadapted", or even mad.

Some people even took to flight, frightened as they were by the Spirit's strangeness.

Others, the braver ones, started hovering around him, somewhat anxious and inquiring.

And the bravest of all, Man, approached the Spirit and started asking him questions... shy and hesitant at first, vexed, angry and eventually captivated, and more and more avid for Spirit's answers...

These started unveiling a new world to Man, different from the one he was familiar with, sometimes fascinating and other times frightening through its revelations... His values were turned upside down, his mental scaffoldings started collapsing, his own ego was falling down...

At first, Man, like all men, talked with his mind – and the Spirit, frustrated and somewhat clumsy, had to learn how to go beyond – or break – mind's barriers.

Yet, little by little, Man's mind opened, his soul bloomed: Man started understanding, feeling, perceiving the Truth; his perception expanded, first encompassing his immediate environment and then the whole universe...

And thus the two started a relationship Man had never known before, a relationship above love and communication: Man became a disciple...

And he was followed by many other brave people...

And thus the Spirit started speaking to Humans.

He would speak about their minds, about human emotions, Spirit explained that everything is energy, he spoke about the irreality of the world, taught people how to meditate, how to ascend, how to go beyond their human condition, he taught them the Way of the Spirit – with infinite patience, sometimes frustrated, sometimes angry, sometimes with a sense of humour...

He told humans that it was only their minds that created separation, that it was the mind that created reality...

The Spirit tried to speak to humans about beliefs and religions, to make them understand that all religions do nothing but try to explain What-is-Unexplainable... And the Spirit was ceaselessly confronted with the conditionings of the human mind, with the dogmas, with the limitations of human thinking and perception... The Spirit kept talking about God, and people would answer using quotations from their holy books – which they had not understood and which nobody had really explained...

which he and others like him had surpassed and forgotten many aeons before.

That was his most exciting adventure – to descend and to explore emotions...

Most often, however, people were confused: “How come, after so many misfortunes, sufferings and hardships, human life seems so beautiful to you, Spirit?... Man asked rather frustrated by the fact that, lo and behold, someone knows more about his life than he does himself...”

“You have no idea, you silly man, that all your so-called hardships are only lessons, they are only steps that you have to take towards Learning.”

“What am I supposed to learn, Spirit?”

“This is the very first thing you have to learn, Man, how wonderful it is to be human...”

And only when you have thoroughly explored your human condition, with all the joy and gratitude that you are capable of, will you be able to transcend it... Before that, however, just learn to enjoy your human status...

And all these lessons, which look unpleasant, painful or humiliating at first sight, are perfect occasions for you to grow... all of them! And you can take advantage of all these chances offered by Existence to make your learning faster and deeper... And in case you don't learn a lesson, that will be given to you again and again, until you stop rejecting it, and only then will you be able to go on...

The ‘misfortunes’ and ‘sufferings’, as you call them, are all lessons, extremely valuable lessons, and only by experiencing them will you be able to go any further. Any suffering, through its power, reopens old

sores, demolishes, changes a few things... And the very lesson is for you to accept this change and go on, integrating it in your life... If you keep avoiding suffering – you can't achieve much.”

“A ship stays safely in the harbour, but this is not what ships are built for”... says William Shedd. The Spirit admired the penetrating force of the human genius and rejoiced whenever he found there fragments of his own truths revealed, which thus allowed him to season his lessons...

“But emotions and pains are sometimes overwhelming”, Man added hurriedly in order to justify his mind set by invoking what was most painful for him... “Look, for instance, now I love someone deeply and know that the separation day is approaching, the suffering is terrible, I am torn with pain...”

“I know, Man, I experienced the pain of love and of separation once – it is true – not exactly as you do, but I know it tears you apart...” the Spirit went on, speaking both from the perspective of the experimentalist, and from that of the observer of one's own experiment...

But just try and think that emotions and feelings are wonderful, devastating as they may be... even if they occur like tornados in your life destroying everything on their way... Think how wonderful is a tornado, with its extraordinary force, pure power, pure energy...

Let alone the fact that sometimes it is just what is needed, that everything be destroyed... Existence always knows when to do this, even if it appears to be cruel and incomprehensible for you... When the structures become too rigid – they prevent you from

evolving, and, as you are not aware of that, someone else has to do it for you, and so Existence, which knows everything, will do it one way or another...

And becoming aware of the necessity of this destructive act, as well as of the necessity of the ensuing change, you can even 'prompt' it a little..."

"How could I do this?"

"Try to understand and to let yourself be flooded by the grandeur of a tornado... similarly, try to get into your own feelings, try to detect their force... Let yourself be flooded by them, be annihilated by the power of your emotions, while you simultaneously enjoy the presence of that force. Let yourself be disintegrated by emotions, to the point where you do not exist any longer..."

You know, this is an extraordinary meditation – to let yourself be disintegrated by your own emotions... It's a perfect way of annihilating your mind and ego.

It is about this that we will be speaking from now on, about the dissolution of the mind and of the ego – it is absolutely essential for your evolution...

Let yourself be disintegrated and you will reach the point few have attained: Non-being, Primordality, where there is only vacuity and absorption, where everything disappears..." the Spirit launched into explanations about the Unknowable, forgetting about the poor man in front of him, to whom all these things were so alien...

That was one of his favourite challenges – to try and explain the Unexplainable – and more than once he would only talk for his own benefit, to remember What-was-not-to-be-Remembered, as he himself would put it...

You, Vacuity and its force will be one... Dissolve yourself there and recompose yourself there, then charge yourself with the force of vacuity, turn into pure force, just force...

This is what emotions can offer you, silly man...

But you are so afraid of suffering... and you are so much in love with your petty safety and peace, which is easily scratched by any tiny suffering..."

The Spirit found support in the words of Edgar Allan Poe: 'Never to suffer would have been never to have been blessed'.

"I understand a few things" Man lied, feeling more and more apprehensive of what he heard, and even more so of what he suspected to be behind the words of the Spirit; he felt that there was something deeply mysterious and wonderfully true, but something that was still so far away...

And so he returned to something more concrete, something that his mind hoped to understand: "Tell me, Spirit, why do I suffer when I 'am losing' someone?"

"Man, this is called attachment and lies at the foundation of many of your sufferings..." With that the Spirit sobered up and returned to the earthly things and sufferings.

"Let me explain: you have an experience, you like someone, some person, some food, some state of things, whatever... but you are not satisfied with that momentary delight, you want it to last, to be recurrent, to become 'yours', and that is how you become attached to the respective state of delight and to the object that has generated it.